



A grant from The Women’s Giving Fund will create a collaborative partnership with Arts-Kids to enable us to **reach over 3,000 Summit County children** several times over the next two years—with a variety of fun activities to **increase Life Skills through Expressive Arts**, designed to build self-esteem, communication skills, and coping techniques, and to help kids find emotional balance, along with encouraging families to make healthy choices for their whole lives.

**Arts-Kids, Inc. is growing and expanding our comfort zone – not leaving our comfort zone** – the same process we ask kids to embrace, as they find their emotional “Happy Place” during lessons.

We have responded to the needs of out-of-school program providers and have added 45-minute school assembly programs and one-hour sessions to our traditional two-hour session offerings. *We have also expanded our program to reach all kids in Summit County – not just those identified as at-risk.*

**Arts-Kids is about having fun – the Life Skills Lesson reinforcement is the BONUS.**

“We do fun stuff with fun teachers and the stuff we learn is useful in real life.” That comment captures the spirit of Arts-Kids far more than a guidance counselor who might say: “Arts-Kids is a primary prevention program aimed at reducing substance abuse, suicide, and other child/teen tragedies.”

**Finding my personal “Happy Place” to replace stress, anger and disappointment.**

“Arts-Kids shows me how to find my ‘happy place.’” Life skills messages and wellness techniques taught in a school assembly or a one- or two-hour session are clear, positive, and engaging. Expressive arts activities in music, visual arts, drama, or dance release creativity and enable happy self-expression.

In an Arts-Kids session, kids learn how to analyze “what went well and why,” which becomes the basis for healthy habits—life skills to rely on when times are rough and choices must be made.

**Kids are encouraged to “walk the walk,” not just “talk the talk,” and are invited and encouraged to share their new Life Skills with peers, siblings, parents, and members of their community.**

### **Program Sustainability**

Arts-Kids has received grants annually from Park City Municipal Corporation, the Summit County RAP Tax, the Sorenson Legacy Foundation, the Rocky Mountain Power Foundation, the Eccles Foundation, and the JEPS Foundation. Members of the Board of Trustees also donate to the organization. We are also implementing a fee schedule - because our programs demonstrate value.

Arts-Kids now augments grants with individual and group-rate fee-based programs of \$20 to \$100 per hour that have recently been established with Park City School District, Kimball Art Center, and other out-of-school and after-school program partners, and we will now offer scholarships and reduced fees to families that demonstrate or request additional financial support.

### Summit County Program Budget

- Reaching 3,000 Summit County children through 2020
- Delivering 200 life skills & expressive arts one- to two-hour sessions
- Repeating important pro-social messages over two years
- Promoting healthy choices and building self-esteem

### Two-Year Budget

#### Summit County Arts-Kids Program Budget

##### Revenue

Women's Giving Fund	\$ 33,000.00
RAP Tax	\$ 10,000.00
Park City School District fees	\$ 5,000.00
PCMC	\$ 10,000.00
	<b>\$ 58,000.00</b>

##### Expenses

Staff salaries/benefits	\$ 22,000.00
Educators	\$ 23,000.00
Art Supplies	\$ 2,000.00
Curriculum Development/Purchase	\$ 3,000.00
Evaluation Development	\$ 5,000.00
Administrative Costs	\$ 3,000.00
	<b>\$ 58,000.00</b>

### Outcomes and Measurement

The budget includes line items for the development of new evaluation instruments and protocols for measuring the effectiveness of Arts-Kids' life skills curriculum. It also includes a line-item for the purchase of existing evidence-based lessons and their evaluation methodologies.