



## Access to quality healthcare leads to good health

People's Health Clinic has a long history of providing much needed quality healthcare to Summit and Wasatch Counties' underserved and uninsured populations at no cost – and providing that care with compassion, dignity and respect.

## Healthy lifestyle education is important

Underserved women and children are among the world's most vulnerable and influential populations. Women have the power to influence their communities for the better, and they are strong figures of change in the household. Healthy and empowered mothers raise healthy children.

The existing Women's/Children's Health Care services currently provided at the Clinic will be functionally enhanced by the addition of a *Director of Women's and Children's Education Services* to our Clinic staff. The responsibilities of this position shall include directing the Women's/Children's Clinics, where she will talk one-on-one with women/children patients, educating them about healthy lifestyles (including exercise and healthy diet), chronic disease prevention and management, birth spacing, and birth control methods. The Director will also be involved with outreach activities by attending community events throughout the year. It should be noted that this new Director shall have bilingual capabilities.

## Impact on our community

The program's target populations *are* women and children of our medically uninsured community (including rural areas of Summit and Wasatch Counties). They are from low income working families who make up a large portion of the community's essential workforce but whose jobs generally do not offer health insurance benefits. More than 96% of our patients have one job, many working two or three. Of these patients, 93% are employed in the lodging, food handling, and retail and construction industries as well as in jobs associated with the ski industry. Many of these jobs are seasonal in nature. These jobs are critical to the area's economy and often don't offer health insurance or it's simply unaffordable at the current pay scales. As an indicator of the Clinic's extensive coverage, even a portion of Park City Municipal workers as well as some School District workers are on the Clinic's patient rolls. Last year the Clinic had almost 10,000 patient encounters, of these over 5,700 were provided for women and over 1,675 were provided to children (boys and girls).

## Projected results and outcomes

Over the 12-month grant period, People's Health Clinic anticipates providing health care access for **1,500 women and children**, specifically:

- **800** OB/Prenatal patient visits. These visits consist of thorough examinations, labs, education and postpartum counseling regarding birth control choices and importance of birth spacing.
- **700** Women's Health/GYN visits. These visits use best practices and will include education by our new Director.
- **160** well-child patient vision and dental screenings to be performed on school aged children, which will include one-on-one education consultations. Result from screenings lead to referrals and ultimately glasses and more extensive dental procedures. Children and their parents also receive individualized oral health educational sessions teaching them how to care for their children's teeth.
- **55** referrals of children to local dentists, part of the Clinic's network. These dentists provide critical dental care from x-rays, routine cleaning, sand sealants to restorative treatment (i.e. fillings).
- **100** newborn babies to be provided with baseline testing for risk of oral disease. The testing will be repeated annually for two years, education component of these visits is critical.

## Healthy Futures for Women and Children

### People's Health Clinic Program Budget FY2019

The program budget is very straightforward. People's Health Clinic is pursuing funding for the salary of a *Director of Women's and Children's Education Services*. Again, this position is essential to facilitate an effective and comprehensive approach to the Clinic's overall Women's/Children's Health Care program. Such funds would be dedicated to this person's salary and educational materials for a 12-month period. For the additional expenses of providing services to 1,500 women and children, the Clinic leverages funding with its successful model of volunteered services, in-kind donations and a wide array of fundraising efforts.

**Director of Women's and Children's Education Services salary (25 hours/week): \$28,600**

**Educational materials: \$1,000**

**Total: \$29,600**

