

**Mission**

People's Health Clinic provides free, high-quality healthcare to the uninsured families of Summit and Wasatch Counties.

**Project Name**

Empowering uninsured women through holistic reproductive healthcare

**Community Need**

Reproductive health, defined by the United Nations, encompasses physical, mental, and social well-being related to the reproductive system. In our community, there is a significant gap in access to reproductive healthcare services for uninsured women, exacerbated by population growth and increased demand. Uninsured women, including undocumented immigrants, face barriers to affordable and timely care, compounded by inadequate education and awareness, resulting in adverse health outcomes. The People's Health Clinic (PHC) provides critical free healthcare to uninsured residents of Summit and Wasatch Counties. In 2023, demand surged, with the Women's Health Program delivering 1,057 women's health visits and 1,509 obstetric visits, a 20% increase from the previous year. Despite efforts, expanding these services is urgent to achieve health equity for underserved patients.

**Project Overview**

PHC is launching a comprehensive initiative to enhance reproductive healthcare services for uninsured women. This initiative aims to empower women through a holistic approach that integrates healthcare access, education, and social support. Funds are being requested to incorporate a community health worker (CHW) into the Women's Health Program. The CHW will bridge healthcare gaps and ensure equitable care delivery by implementing a reproductive healthcare program based on community feedback. Key pillars of the program include culturally informed family planning education, convenient contraception access, planned pregnancy support, high-quality prenatal care, and multidisciplinary postpartum support. With sustained funding for this CHW-coordinated program, the aim is to empower women to make informed decisions about their reproductive health, fostering a community where every woman has the resources to thrive.

**Impact**

This initiative will be assessed by monitoring several key metrics: unplanned versus planned pregnancies, women initiated on contraception, pre-term versus full-term births, postpartum visits, and postpartum women referred to mental health services. Consistently tracking these metrics over a 3-year period will allow for a comprehensive evaluation of the effectiveness of PHC's healthcare education and access initiatives in empowering women to manage their reproductive health. Additionally, identifying factors contributing to pre-term births, such as social determinants of health, and assessing utilization of postpartum services by patients will be critical. This iterative process will highlight areas for program improvement and innovation. Early intervention can mitigate risks, improve birth outcomes, and ensure that new mothers receive the necessary support. The program is expected to positively impact uninsured women in the community and attract sustained support beyond the initial 3-year funding period.

People's Health Clinic  
Women's Giving Fund - Grant Application  
Project Budget 2024

Description	Annual Compensation	Years	Expense for 3 years
Women's Reproductive Health Program CHW (.5 FTE)	\$25,000	3	\$75,000
<u>Total</u>			<u>\$75,000</u>