



Summit County Clubhouse

Stability for Women+, Strength for Families through Mental Health and Substance Use Recovery

Mission

Summit County Clubhouse is a community-based nonprofit working to end social and financial isolation for people impacted by mental illness. The Clubhouse helps people with mental health and substance use challenges live connected and satisfying lives through productive work, meaningful relationships, and direct support.

Community Need

Women+ in Summit and Wasatch Counties living with mental health or substance use challenges face compounding barriers: social isolation, financial vulnerability, and housing instability. Ninety-five percent of new Clubhouse members report isolation or estrangement from family. In 2025, 50% of members experienced unemployment or underemployment, 77% faced food insecurity, 19 experienced homelessness, and 26 faced eviction.

Housing instability is especially acute for women+ leaving inpatient psychiatric care, treatment centers, incarceration, or homelessness. Summit County's affordable housing shortage means these transitions are precarious. Without stable housing, women+ cannot focus on recovery, employment, or family life.

Project Overview

This project expands women+-centered stabilization and recovery services through two core strategies:

Work-Ordered Day: Monday through Friday, women+ work alongside staff to operate the Clubhouse while receiving individualized case management for education, employment, and basic needs. A 0.25 FTE program staff increase will expand capacity by approximately 20 additional women+ per month. Daily family-style meals and a Community Fridge provide free food access to members and their families.

Emergency Housing Fund: The Clubhouse Emergency Fund provides rent assistance and supports a pilot transitional housing effort for women+ exiting inpatient care, treatment, or incarceration. Since 2025, this pilot has housed nine women+ during critical transitions. A 0.25 full time equivalent housing coordinator will support expanded rapid rehousing and homeless prevention efforts.

Current demographics: 55% women+; 20% BIPOC; 13% LGBTQ+; 75% low income; 41% currently or formerly homeless.

Impact

Annually, the Clubhouse expects to serve at least 20 additional women+ visits per month through the work-ordered day, provide emergency housing assistance to at least 18 women+ per year, and support at least 4 transitional housing placements. Outcomes tracked include reduced isolation, improved financial stability, housing retention at 3 and 6 months, and employment and income changes. Ninety percent of participants are expected to report reduced isolation and improved mental health; 90% of those receiving housing support are expected to maintain housing stability for 3-6 months post-intervention.

Budget

Total grant request: \$90,000 disbursed over 2 years (\$45,000/year).

Budget by Category (2-Year Total)	Amount
0.25 FTE Work-Ordered-Day Staff (Yr 1 + Yr 2)	\$38,000
0.25 FTE Housing Coordinator (Yr 1 + Yr 2)	\$39,000
Program Supplies (software, food, transportation, etc.)	\$3,000



Mental Health Support & Community

Emergency Financial Assistance (rent, deposits, utilities)	\$10,000
Total Grant Request (2 years)	\$90,000